

Tuberculosis in Pediatrics

Christmas Seals Fight Tuberculosis

13 June 2017
Tony Moody MD
Duke Pediatric Infectious Diseases

Disclosures

 Advisory board member for GSK (for belimumab pregnancy registry).

 Co-founder of Grid Therapeutics (formerly Cue Biologics).

Chief Medical Officer, DHVI.

Learning Objectives

- Choose appropriate diagnostic tests for suspected MTB disease.
- Apply proper techniques for application and reading of TSTs.
- Compare the utility of TSTs, IGRAs, and other tests.
- Use proper dosing of anti-tuberculosis drugs in pediatric patients.



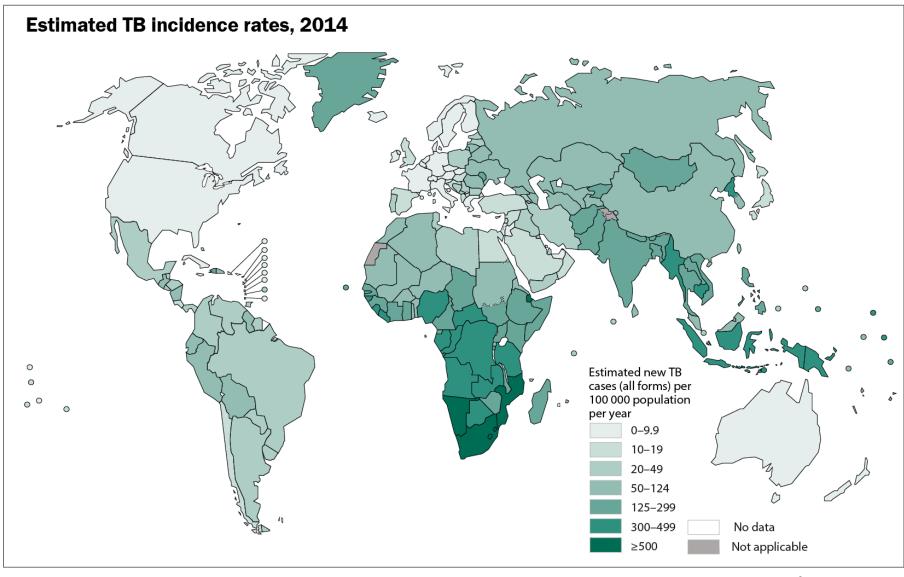
Red Cross Christmas Seal + Campaign Image from the National

Library of Medicine, "Profiles in Science" Collection.

Tuberculosis

first disease declared
Global Health Emergency
by WHO (1993)

estimated 1/3 of humans infected



The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Data Source: Global Tuberculosis Report 2015. WHO, 2015.

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Global distribution of estimated TB incidence by rate and absolute number, 2014. The size of each bubble is proportional to the size of the country's population. High-burden countries are shown in red.

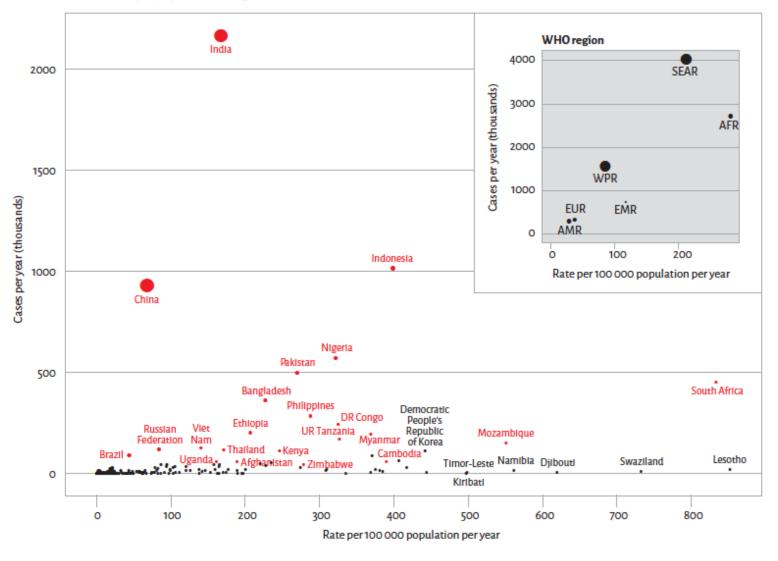
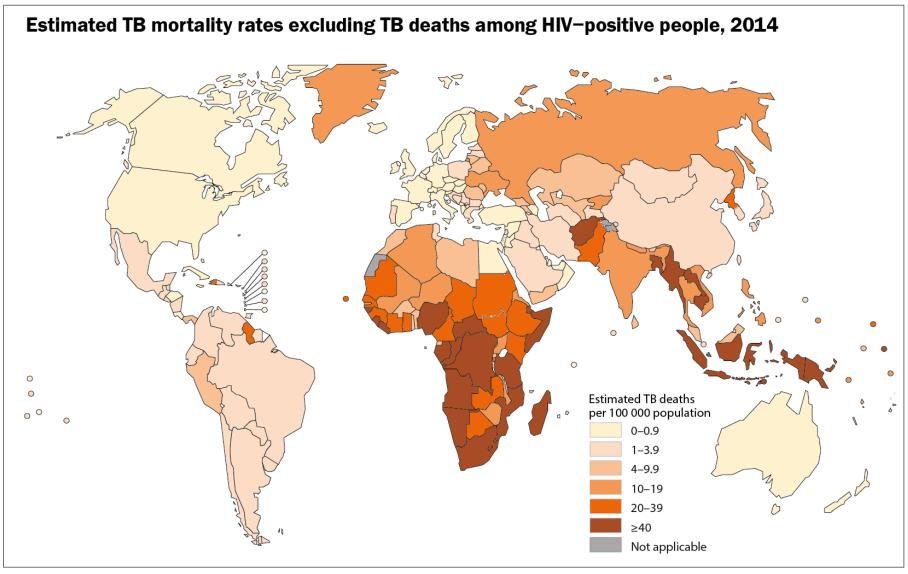


Image taken from the World Health Organization Global Tuberculosis Report 2015



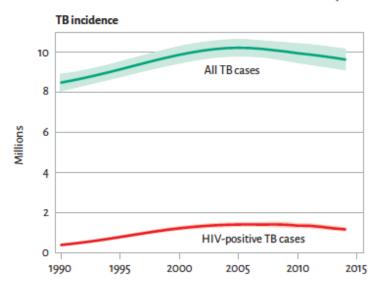
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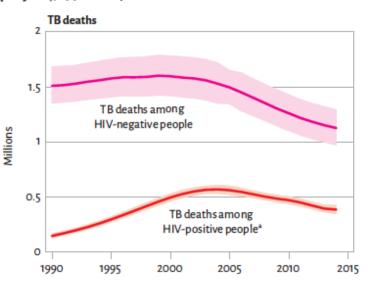
Data Source: Global Tuberculosis Report 2015. WHO, 2015.

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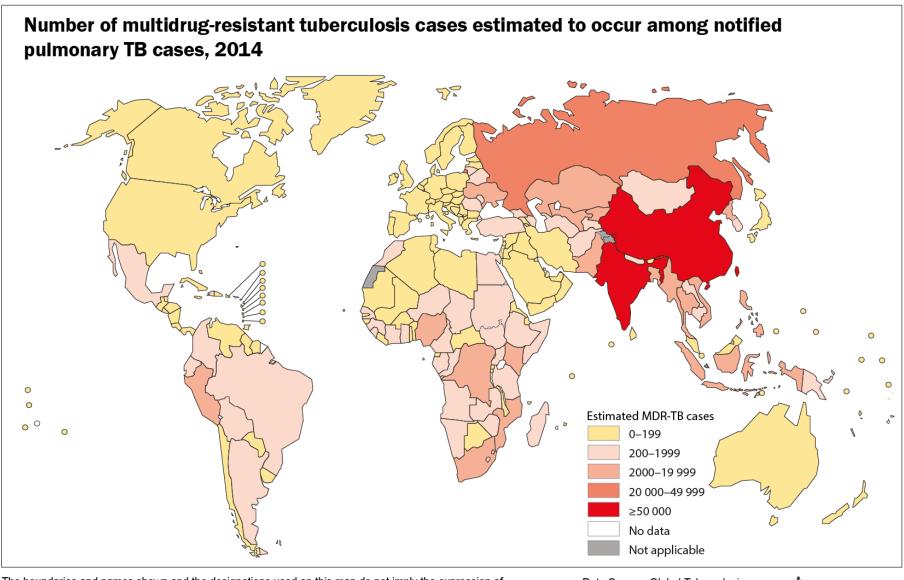


Estimated absolute numbers of TB cases and deaths (in millions per year), 1990–2014





^a HIV-associated deaths are classified as HIV deaths according to ICD-10.

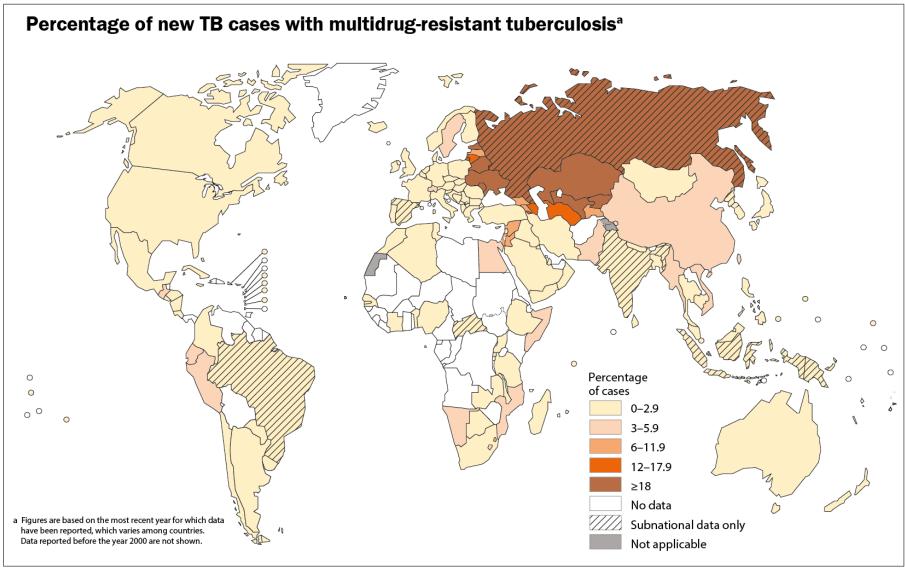


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Data Source: Global Tuberculosis Report 2015. WHO, 2015.

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Tuberculosis

```
tuberculosis n
disease caused by
MTB complex organisms
derived from
the Latin tuberculum (swelling) +
the Greek -ωσις (condition)
```



Image courtesy of the Clendening History of Medicine Library, University of Kansas Medical Center

Identification of Mycobacterium DNA in an Egyptian Pott's disease of 5 400 years old.

Crubézy É, Ludes B, Poveda J-D, Clayton J, Crouau-Roy B, Montagnon D. C R Acad Sci Paris, Life Sciences **321**: 941-951 (1998).

Tuberculosis

consumption wasting illness

Pott's disease spinal osteomyelitis

King's evil scrofula / lymphadenitis







Sy the King.

44 A Proclamation concerning The Kings Exill.



Hereas fuch people as repaire to His Mateffit for healing of The Kings Evill, have it former times forhome to appropher offer themsetues to the former Brings of this Breame, buring the Summer time, in respect of banger, authorizoniculeure, which order hash bene of latenegitetts, and such people bleth to repaire inhosferently at all times: There-

for his Pairthe both bettare and forbid. That hereafter no such perform make their expanse op for healing, between the Leads of Cader and Pothacimus, for the which although his denermough for his Pairthe to have fignified his pleasure for recontinuing the law order but othe Cleanks of his Closet, or his Chienegions in that behalfe, part his Handle bounding that fome such ideals and infirme perfors may come by from country parts, and thereby leafs their ecanade, is pleased out of his goodnesse, to publish this Debet by his highress Proclamation.

Giuen at White-Itall the xxv. day of March, in the foureteenth yeere of Our Reigne of Great Britaine, France and Ireland, And of Scotland the nine and fourtieth.

God fant the King.

Imprinted at London by Robert Barker, Printer to the Kingsmoft Excellent Maiettie.

Tuberculosis: Etiology?

cause

hereditary

- punishment for sin
- bad air
- vampires

Tuberculosis: Etiology?

cause

hereditary

- punishment for sin
- bad air
- vampires

cure

evolve / you're screwed

redemption

move

wooden stake

Tuberculosis Complex

Mycobacterium bovis
Mycobacterium canetti
Mycobacterium microti
Mycobacterium tuberculosis

Tuberculosis Complex

fossils showing animal disease

evidence of *M bovis* increase 8000-4000 BCE

Hieronymus Fracastorius (Girolamo Fracastoro) (1478-1553)

1546 treatise

De contagione et de contagiosis morbis et curatione

130 years before Leeuwenhoek first saw microorganisms



Image courtesy of the Clendening History of Medicine Library, University of Kansas Medical Center

Sylvius (Franciscus de le Boe)

defined tubercules, tuberculous cavities



FRANCISCUS DELEBOE SYLVIUS, MEDICINÆ, PRACTICÆIN ACADEMIA LUGDUNO-BATAVA PROFESSOR.

Image courtesy of the Clendening History of Medicine Library, University of Kansas Medical Center

Heinrich Hermann Robert Koch (1843-1910)

1882: identified *M tuberculosis*, established MTB role in cause of tuberculosis

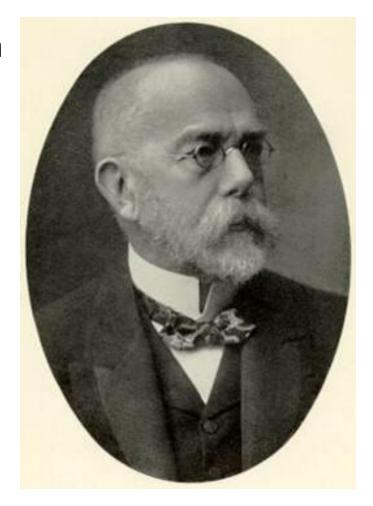


Image courtesy of the Clendening History of Medicine Library, University of Kansas Medical Center

Aerobic
non-spore-forming
non-motile
bacillus

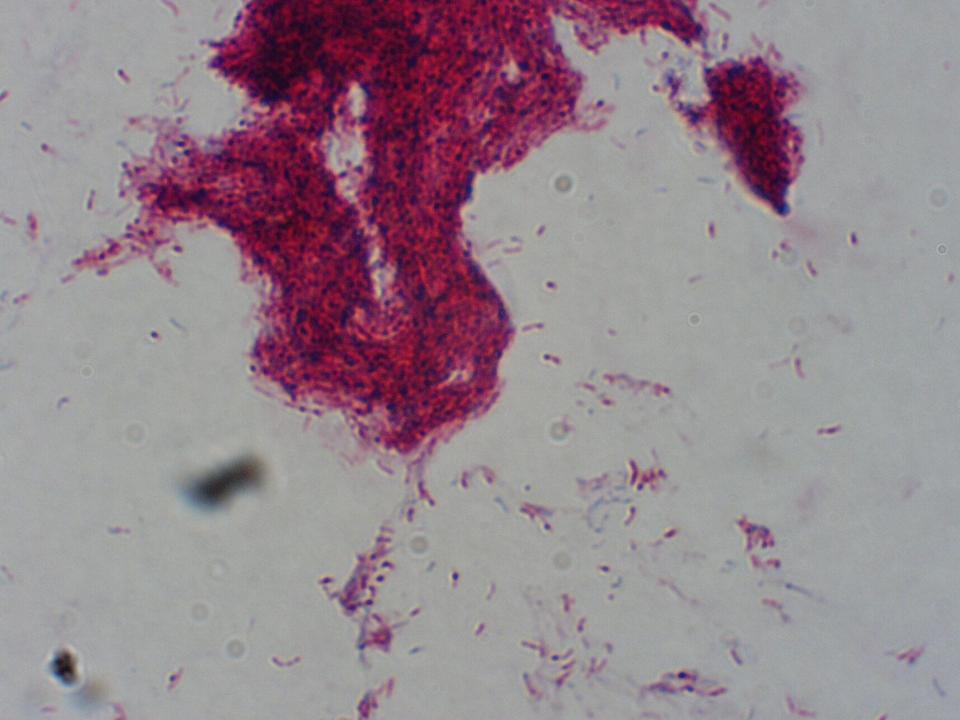
On Gram stain, weakly GP or ghosts

Mycolic acids very long chain fatty acids waxy surface

provide protection from hazards

Cording in liquid culture TB orient parallel

MOTT orient randomly



Acid-fast

decolorization step done with acid-alcohol

bacilli retain stain

For initial stains most labs use a fluorescent stain

auramine-rhodamine KMnO₄ counterstain



Requires special media for culture

Middlebrook 7H11

Löwenstein-Jensen

BACTEC

MGIT



MTB very slow growing average replication time 15-20 hours

E coli replicates in about 20 minutes

Starting with one bacterium in ideal conditions

	MTB	E coli
1 hour	1	4-8
1 day	2	2.3×10^{21}
1 week	1024	2.6×10^{151}

MTB—Clinical

Primary TB (childhood)

mid lung zones
regional lymphadenitis
pleurisy with effusion
persistent cough illness
risk of hematogenous spread

MTB—Clinical

Primary TB (childhood)

can look like anything

MTB—Clinical

high risk of dissemination

miliary tuberculosis



image obtained from Wikipedia

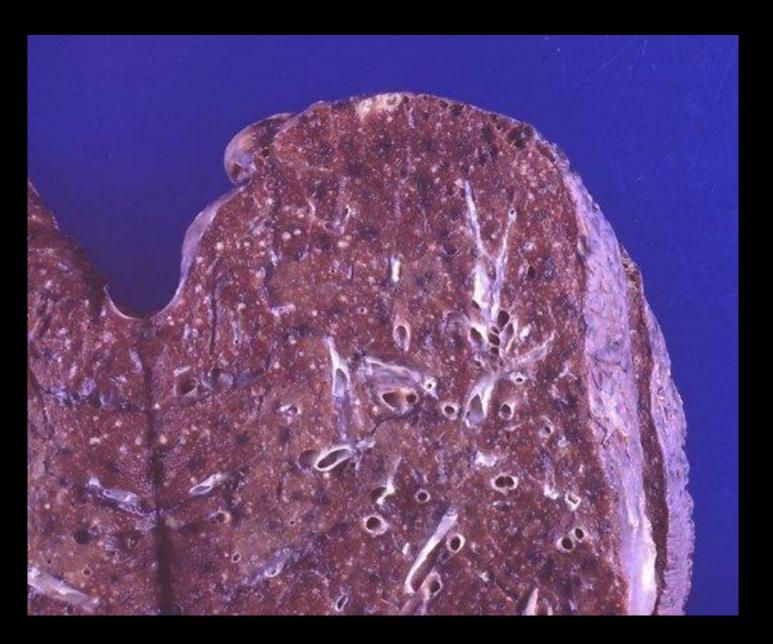


image obtained from http://www.granuloma.homestead.com/index.html

MTB—Clinical

high risk of dissemination

cerebral tuberculosis
insidious
difficult to diagnose

MTB—Clinical

high risk of dissemination

cerebral tuberculosis

LP in any child < 3yo

LP if headache / signs

MTB—Clinical

 How often is disease recurrent vs. reinfection?

How risky are biologics?

Why is there a summer peak in Dx?

The Temporal Dynamics of Relapse and Reinfection Tuberculosis After Successful Treatment: A Retrospective Cohort Study

Florian M. Marx,^{1,4} Rory Dunbar,¹ Donald A. Enarson,^{1,5} Brian G. Williams,³ Robin M. Warren,² Gian D. van der Spuy,² Paul D. van Helden,^{2,a} and Nulda Beyers^{1,a}

1676 • CID 2014:58 (15 June) • Marx et al

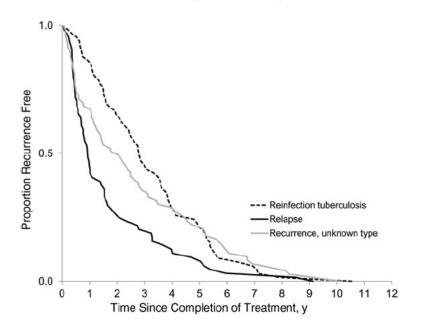


Figure 2. Kaplan-Meier survival estimates for relapse (n = 64), reinfection tuberculosis (n = 66), and unknown type of recurrence (n = 73) (Kolmogorov-Smirnov test for difference in relapse vs reinfection, P < .001).

Result

Recurrence most common in first year, reinfection more common thereafter.

Biologic Therapies in Rheumatoid Arthritis and the Risk of Opportunistic Infections: A Meta-analysis

Irene S. Kourbeti, 1,2 Panayiotis D. Ziakas, 1,2 and Eleftherios Mylonakis 1,2

Opportunistic Infections in RA • CID 2014:58 (15 June) • 1649

Table 2. GRADE Summary of Findings on the Effects of Biologic Agents Compared With Placebo or Disease-Modifying Antirheumatic Drugs

Outcomes	Relative Effect (OR; 95% CI)	No. of Participants (No. of Studies)	Quality of Evidence (GRADE)
All Ols	1.79 (1.17-2.74)	20232 (37)	High ^{a,b,c,d}
Mycobacterial Ols	3.73 (1.72–8.13)	9194 (16)	High ^{a,b}
All viral Ols	1.91 (1.02-3.58)	6056 (16)	Moderate ^{a,b,c}
VZV OIs	1.51 (.71-3.22)	5515 (11)	Low ^{b,c}
All fungal Ols	1.31 (.46-3.72)	7507 (10)	Moderate ^b
Invasive fungal infections	2.85 (.68–11.91)	3915(7)	Moderate ^b
Pneumocystis jirovecii pneumonia	1.77 (.42–7.47)	5669 (8)	Moderate ^b
Attributed mortality	1.91 (.29–12.64)	3058 (5)	Moderate ^b

Result

Mycobacterial OIs are the most associated; fungal second.

¹Infectious Diseases Division, Rhode Island Hospital, and ²Warren Alpert Medical School of Brown University, Providence, Rhode Island

The Seasonality of Tuberculosis, Sunlight, Vitamin D, and Household Crowding

Tom Wingfield,^{1,4,5,6} Samuel G. Schumacher,^{1,3} Gurjinder Sandhu,^{3,4,5} Marco A. Tovar,^{1,2,3} Karine Zevallos,^{1,2} Matthew R. Baldwin,³ Rosario Montoya,^{1,2} Eric S. Ramos,³ Chulanee Jongkaewwattana,¹ James J. Lewis,^{1,7} Robert H. Gilman,^{2,8} Jon S. Friedland,^{4,5} and Carlton A. Evans^{1,3,4,5}

774 • JID 2014:210 (1 September)

Cohort

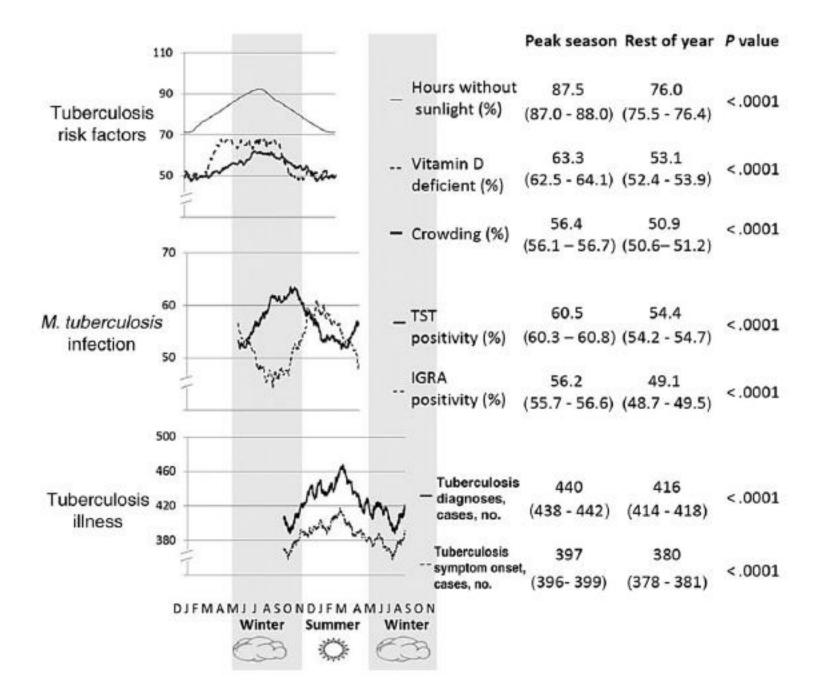
Residents of a Peruvian shantytown

Measures

Vitamin D, TST, IGRA

Results

Infections occur during winter months, but symptoms don't appear until the summer



the gold standard

biopsy / specimen with culture

PPD (purified protein derivative)

Mantoux test

must be placed intradermal

Clemens Peter von Pirquet (1874-1929)

developed one of the first non-culture tests for TB

tuberculin applied to superficial abrasion on arm



Image courtesy of the Clendening History of Medicine Library, University of Kansas Medical Center



Tuberculosis

Pirquet test

Der diagnostische Wert der kutanen Tuberkulinreaktion bei der Tuberkulose des Kindesalters auf Grund von 100 Sektionen.

Von Dr. C. v. Pirquet.

Moro test

Ueber eine diagnostisch verwertbare Reaktion der Haut auf Einreibung mit Tuberkulinsalbe.

Von Privatdozent Dr. Ernst Moro, Oberarzt der Klinik.

Tuberculosis

Calmette-Wolff-Eisner test

MÉDECINE. — Sur un nouveau procédé de diagnostic de la tuberculose chez l'homme par l'ophtalmo-réaction à la tuberculine. Note de M. A. Calmette.

Mendel-Mantoux test

PATHOLOGIE. — Intradermo-réaction de la tuberculine. Note de M. Cu. Mantoux, présentée par M. E. Roux.

Felix Mendel (1862-1925)

Zur endevenöse Applikation der Medikamente II. Die kombinirte Arsen-Tuberkulinbehandlung

Therapeutische Monatshefte, Berlin 17: 177-188 (1903)

Charles Mantoux (1877-1947)

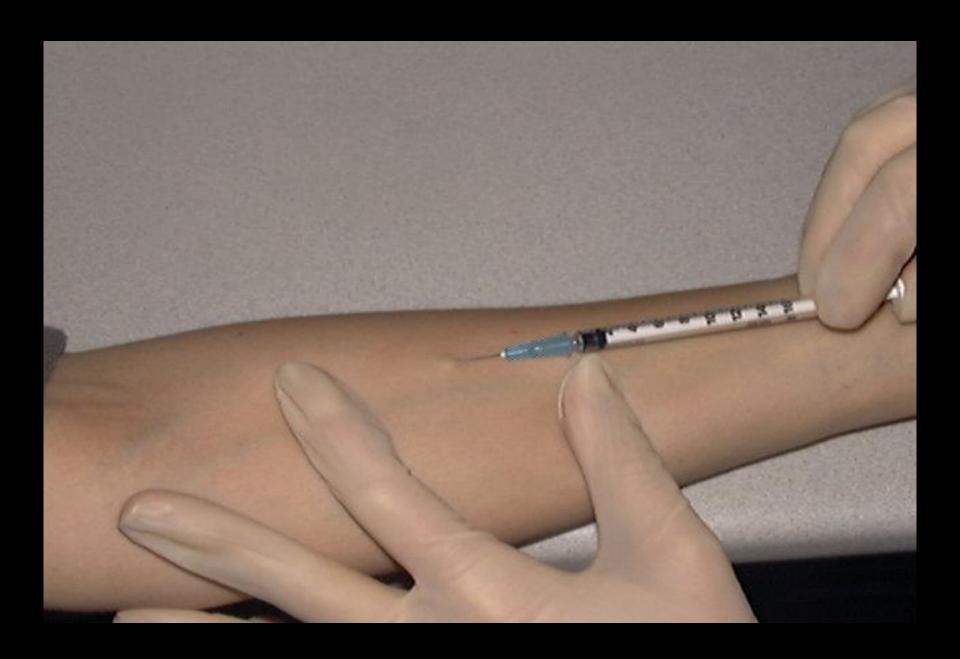
PATHOLOGIE. — Intradermo-réaction de la tuberculine. Note de M. Cu. Mantoux, présentée par M. E. Roux.

Comptes rendus de l'Académie des Sciences, Paris 147: 355-357 (1908)

PPD (purified protein derivative)

Mantoux test

must be placed intradermal



PPD

read 48-72 hours after placement

can be read up to 1 week later with accuracy

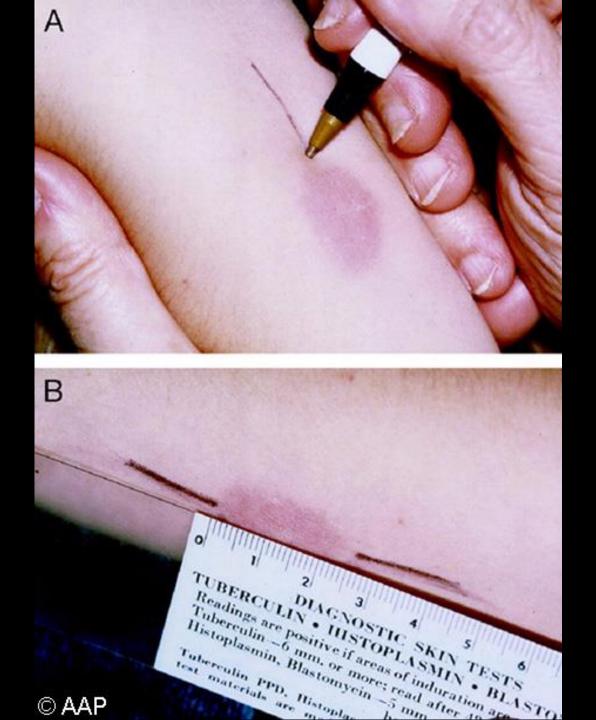




PPD

erythema is meaningless induration is the key

Sokol method (ball-point pen)



Problems with TST

- requires specialized training for both placement and reading
- requires two provider visits
- false positives and negatives
- vaccine confounding
- booster phenomenon

Problems with TST

- requires specialized training for both placement and reading
- requires two provider visits
- false positives and negatives
- vaccine confounding
- booster phenomenon

Tuberculin Skin Testing in Patients with HIV Infection: Limited Benefit of Reduced Cutoff Values.

Cobelens FG, Egwaga SM, van Ginkel T, Muwinge H, Matee MI, Borgdorff MW. *Clin Infect Dis* **43**: 634-639 (2006).

result

Adult study.

Lower cutoff doesn't capture many more.

Seems to be an all or nothing phenomenon.

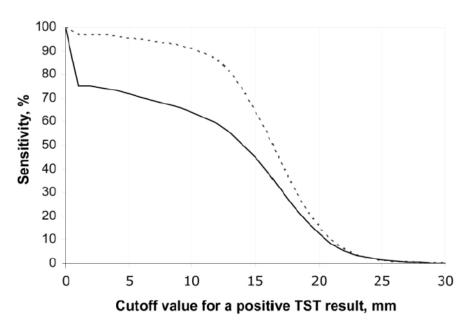


Figure 2. Sensitivity of the tuberculin skin test (TST) for detecting tuberculosis disease among HIV-infected *(solid line)* and HIV-uninfected *(dashed line)* patients at various cutoff levels. Data are based on crude reaction size distributions.

Problems with TST

- requires specialized training for both placement and reading
- requires two provider visits
- false positives and negatives
- vaccine confounding
- booster phenomenon

The tuberculin skin test is unreliable in school children BCG-vaccinated in infancy and at low risk of tuberculosis infection.

Jacobs S, Warman A, Richardson R, Yacoub W, Lau A, Whittaker D, Cockburn S, Verma G, Boffa J, Tyrrell G, Kunimoto D, Manfreda J, Langlois-Klassen D, Long R. *Pediatr Infect Dis J* **30:** 754-758 (2011).

result

Canadian study. BCG-vaccinated children more likely to have a positive TST.

Concludes test unreliable in 6-12 yo children.

Problems with TST

- requires specialized training for both placement and reading
- requires two provider visits
- false positives and negatives
- vaccine confounding
- booster phenomenon

Enhancing of Tuberculin Allergy by Previous Tuberculin Testing

Narain R, Nair SS, Rao GR, Chandrasekhar P, Lal P. Bull Wld Hlth Org **34**: 623-635 (1966).

CO	h	0	rt
CU	II	v	ı

eight villages in India

result

those with mild reactions, 8-13 mm initially, had the most increases with boosting

testing

TST using 1 TU on upper 1/3 of L forearm

some given 20 TU tests

2 mo later
TST w/ 1 TU
on middle ½ of R forearm

The Booster Effect in Two-Step Tuberculin Testing among Young Adults in Montreal

Menzies R, Vissandjee B, Rocher I, St. Germain Y. *Ann Int Med* **120**: 190-198 (1994).

result

boosting seen in both BCG-V +ve and –ve groups

greater effect in BCG-V gp

correlation w/ age at BCG-V

most boosters reactive to PPD-B(I)

Boosting

 CDC recommends two-step testing for HCW at first screen

Desirable Properties

- no special training
- single encounter
- reduced false positives and negatives
- distinguish between MTB and other mycobacteria

IGRA

Interferon-Gamma Release Assay

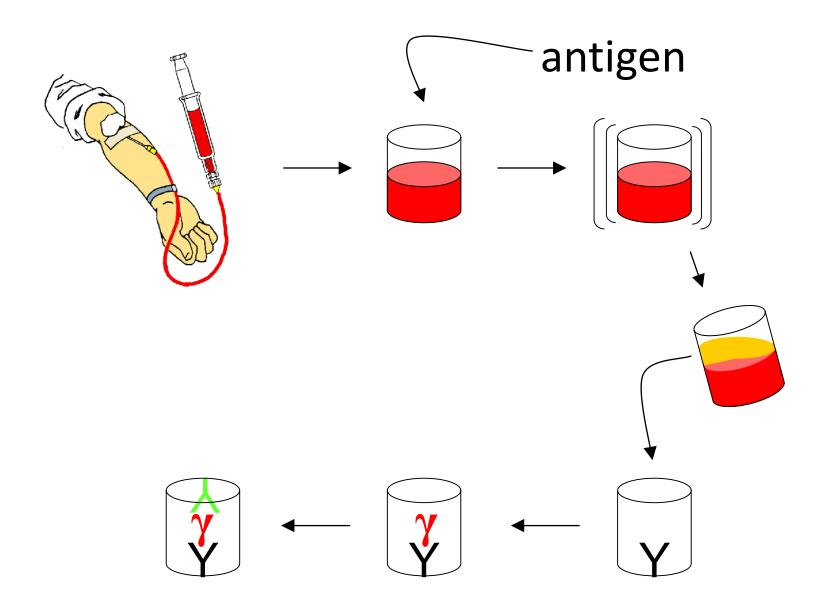
- reduced cross-reactivity
- lab-based test / quantitative answer
- single patient contact
- no boosting

BOVIGAM

testing of cattle



 licensed in Australia & New Zealand



Evaluation of the Tuberculin Gamma Interferon Assay: Potential to Replace the Mantoux Skin Test

Pottumarthy S, Morris AJ, Harrison AC, Wells VC. *J Clin Microbiol* **37**: 3229-3232 (1999).

cohort testing

immigrants, HCW, patients QuantiFERON using

PPDs for MTB, M bovis,

M avium

TST

result

64-89% concordance

71% +ve w/ smear +ve TB (Mantoux slightly better)

humans are to chimpanzees

as

M tuberculosis is to M bovis

>98% genetic identity

differences between *M bovis* and BCG

RD1 (region of difference)

encodes for ESAT-6 & CFP10

IGRA

relies on response to RD1 antigens

can be negative in disease

increasing studies in pediatrics

multiple forms (ELISA, ELISpot)

Performance of whole blood IFN-g test for tuberculosis diagnosis based on PPD or the specific antigens ESAT-6 and CFP-10

Brock I, Munk ME, Kok-Jensen A, Andersen P. Int J Tuberc Lung Dis 5: 462-467 (2001).

cohort

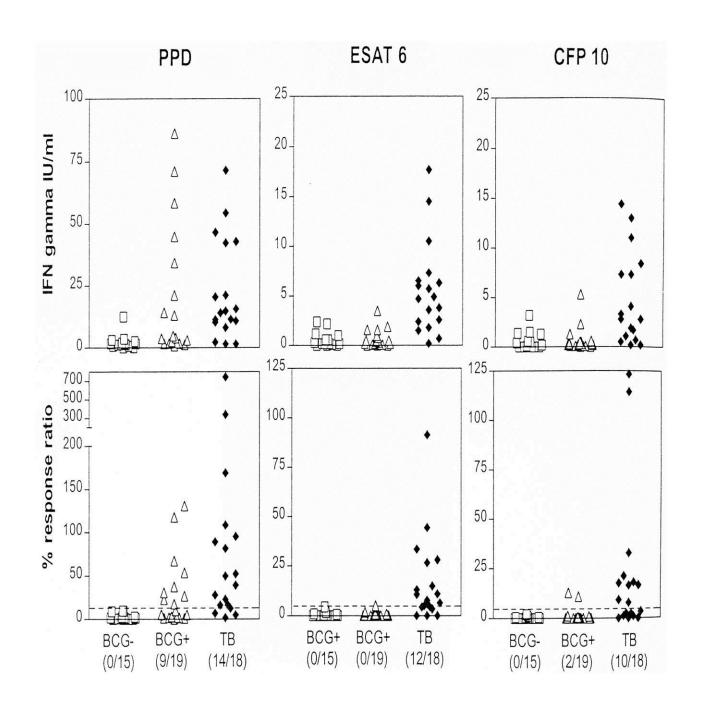
healthy volunteers known TB +ve patients

testing

QuantiFERON using PPDs for MTB, *M avium*, ESAT-6, CFP-10

result

78% sensitive 100% specific in non-BCG, 89% in BCG-V



Whole blood interferon-y release assay is a useful tool for the diagnosis of tuberculosis infection particularly among Bacille Calmette Guèrin-vaccinated children.

Tsolia MN, Mavrikou M, Critselis E, Papadopoulos NG, Makrinioti H, Spyridis NP, Metsou F, Tsagaraki M, Koulouri M, Kafetzis DA.

Pediatr Infect Dis J 29: 1137-1140 (2010).

result

High rates of concordance between TST and IGRA in non-vaccinated children.

IGRA more predictive in BCG-vaccinated children.

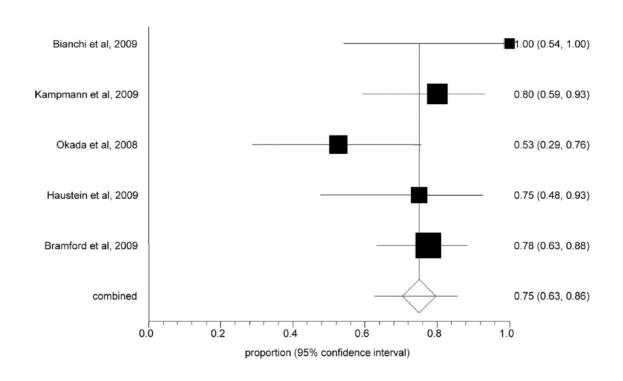
The Utility of an Interferon Gamma Release Assay for Diagnosis of Latent Tuberculosis Infection and Disease in Children

A Systematic Review and Meta-analysis

Shingai Machingaidze, BSc,*† Charles Shey Wiysonge, MD,*† Yulieth Gonzalez-Angulo, BSc,*†
Mark Hatherill, MD,*† Sizulu Moyo, MB ChB, Willem Hanekom, FCP (Paed),*†
and Hassan Mahomed, MMed*†

694 | www.pidj.com

The Pediatric Infectious Disease Journal • Volume 30, Number 8, August 2011



Result

IGRA reasonably accurate in Dx of TB disease.

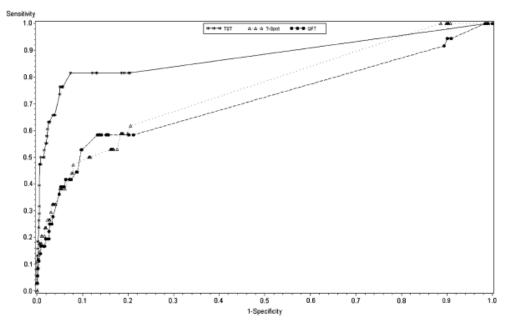
Impact of targeted testing for latent tuberculosis infection using commercially available diagnostics.

Mancuso JD, Tribble D, Mazurek GH, Li Y, Olsen C, Aronson NE, Geiter L, Goodwin D, Keep LW.

Clin Infect Dis 53: 234-244 (2011).

result

Testing in low incidence populations gives poor results.



LTBI=Latent tuberculosis infection, TST=Tuberculin skin test, QFT=QuantiFERON® Gold-in-tube, T-Spot=T-SPOT® TB, AUC=Area Under the Curve AUCs: TST=0.878, T-Spot=0.744, QFT=0.718

Figure 2. Receiver operator characteristics curve for predictors of latent tuberculosis infection (LTBI), as measured by the tuberculin skin test (TST), QuantiFERON® Gold In-Tube (QFT), and T-SPOT®.TB (T-Spot) among US Army Recruits. Predictors included in the logistic regression model: close contact with a tuberculosis (TB) case, casual contact with a TB case, TB prevalence in country of birth, history of living with parent born outside the US, prior positive skin test result, prior TB treatment, history of living in a congregate setting, and health care work. AUC, area under the curve.

Performance of QuantiFERON-TB Gold and Tuberculin Skin Test Relative to Subjects' Risk of Exposure to Tuberculosis

Sharon E. McMullen, David A. Pegues, Frances S. Shofer, Alexandra C. Sheller, and Evelyn B. Wiener

1260 • CID 2014:58 (1 May) • McMullen et al

result

In low risk college students, TST better than IGRA; for high risk, they are the same.

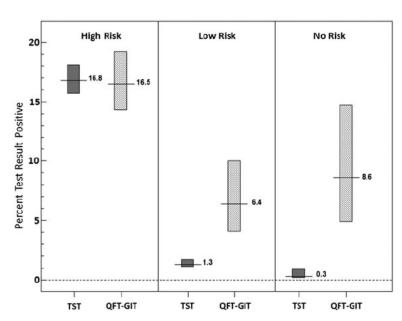


Figure 2. Results of tuberculin skin test and QuantiFERON-TB Gold In-Tube test by student risk of tuberculosis exposure. Abbreviations: QFT-GIT, QuantiFERON-TB Gold In-Tube; TST, tuberculin skin test.

Other Diagnostic Options

In-house PCR tests

Xpert MTB/RIF

Rapid Molecular Diagnosis of Pulmonary Tuberculosis in Children Using Nasopharyngeal Specimens

Heather J. Zar,^{1,2} Lesley Workman,^{1,2} Washiefa Isaacs,^{1,2} Jacinta Munro,^{1,2} Faye Black,^{1,2} Brian Eley,^{1,2} Veronica Allen,^{3,4} Catharina C. Boehme,⁵ Widaad Zemanay,^{3,4} and Mark P. Nicol^{3,4}

1088 • CID 2012:55 (15 October)

Definite TB 87 (16.3%)
IS culture positive 84 (96.6%)
NPA culture positive 61 (70.1%)
IS Xpert positive 64 (73.6%)
NPA Xpert positive 49 (56.3%)
Smear positive 30 (5.6%)

Possible TB 255 (47.6%)
IS culture positive 0 (0%)
NPA culture positive 0 (0%)
IS Xpert positive 5 (2.0%)
NPA Xpert positive 7 (2.8%)
Smear positive 0 (0%)

Not TB 193 (36.1%)
IS culture positive 0 (0%)
NPA culture positive 0(0%)
IS Xpert positive 0 (0%)
NPA Xpert positive 1 (0.5%)
Smear positive 0 (0%)

Result

TB Xpert on NP aspirates perhaps useful, esp if induced sputum impractical. (Gastric aspirates better.)

Rapid Diagnosis of Pediatric Intrathoracic Tuberculosis From Stool Samples Using the Xpert MTB/RIF Assay: A Pilot Study Elisabetta Walters, MMed Robert Peter Gie, MD Anneke Catharina Hesseling, PhD

Desmond Tutu TB Centre Stellenbosch University

Sven Olaf Friedrich, PhD Andreas Henri Diacon, MD, PhD

Division of Medical Physiology Department of Biomedical Sciences Faculty of Medicine and Health Sciences Stellenbosch University

Robert Peter Gie, MD

Paediatric Pulmonology Tygerberg Children's Hospital Cape Town, South Africa

1316 | www.pidj.com

The Pediatric Infectious Disease Journal • Volume 31, Number 12, December 2012

Result

Very small numbers, but results from stool and GA testing similar.

What about vaccine?

Edmond Isidore Etienne Nocard (1850-1903)

isolated virulent *M bovis* strain →

'lait Nocard'

1901: transferred strain to Institut Pasteur



Image obtained via en.wikipedia.org

Jean-Marie Camille Guérin (1872-1961)

student of Nocard

joined Institut Pasteur in 1897 under Calmette

together with Calmette attenuated *M bovis*



Image obtained via en.wikipedia.org

Léon Charles Albert Calmette (1863-1933)

1908-1919: serial passage of 'lait Nocard' on glycerinated bile potato medium (230 x)

continued attenuation from 1919-1929



Image courtesy of the Clendening History of Medicine Library, University of Kansas Medical Center

BCG Genealogy

BCG widely distributed (1924-1926) 34 nations

1927: 26 other nations given BCG

BCG Genealogy

BCG Moreau (Brazil)

BCG Tokyo (strain 172)

BCG Danish (2 transfers) (1331)

BCG Tice (BLP)

BCG Pasteur (1173P)

Mapping the global use of different BCG vaccine strains

Nicole Ritz a, b, c, Nigel Curtis a, b, c, *

Tuberculosis 89 (2009) 248-251

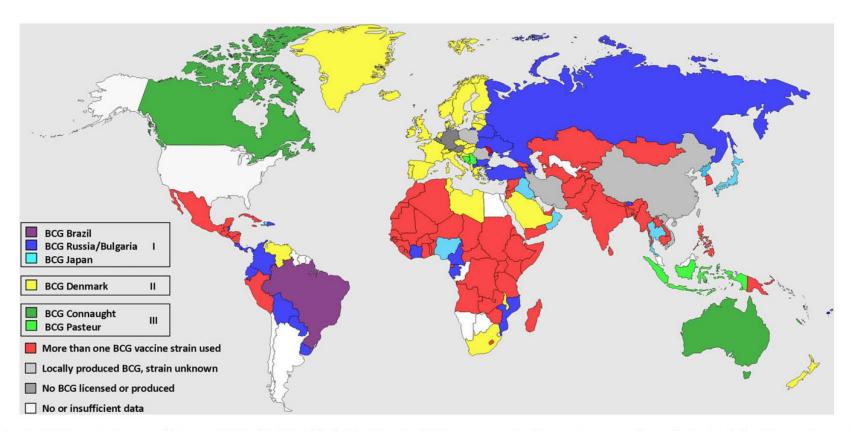


Figure 1. BCG vaccine strains used between 2003 and 2007 worldwide. Boxes surround BCG vaccines strains that are most genetically similar. Box I includes BCG vaccine strains that were obtained from the Pasteur Institute before 1926. Boxes II are III are strains obtained at later dates.

BCG and vole bacillus vaccines in the prevention of tuberculosis in adolescence and early adult life

Fourth report to the Medical Research Council by its Tuberculosis Vaccines Clinical Trials Committee.

Medical Research Council. Bull WHO 46: 371-385 (1972).

BCG and vole bacillus vaccines in the prevention of tuberculosis in adolescence and early adult life

Final report to the Medical Research Council. Hart PD, Sutherland I. *Br Med J* 2: 293-295 (1977).

BCG: World Experience

> 2.5 billion immunizations

- given routinely to infants
- can be given PO
- quite heat stable

The Impact of a Change in Bacille Calmette-Guérin Vaccine Policy on Tuberculosis Incidence in Children in Cape Town, South Africa

Hassan Mahomed, MMed,*† Maurice Kibel, FCP,*† Tony Hawkridge, FCPHM,*†
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TABLE 3. Disseminated Tuberculosis by Type and Route of BCG Administration

Discominated IIID by	BCG by Route of Administration			
Disseminated TB by Type	Percutaneous (n = 1369)	Intradermal (n = 1397)	No BCG (n = 48)	
Miliary TB	61 (4.5%)	36 (2.6%)	9 (18.8%)	
Tuberculous meningitis (TBM)	51 (3.7%)	27 (1.9%)	5 (10.4%)	
Miliary and TBM	6 (0.4%)	2 (0.1%)	0	
Total disseminated	118 (8.6%)	65 (4.7%)	14 (29.2%)	
95% confidence interval	7.2-10.2%	3.6-5.9%	17.0-44.1%	

BCG indicates bacille Calmette-Guerin vaccine; TB, tuberculosis.

Result

Overall case number not changed, disseminated cases reduced.

Randomized Trial of BCG Vaccination at Birth to Low-Birth-Weight Children: Beneficial Nonspecific Effects in the Neonatal Period?

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JID 2011:204 (15 July) • 245

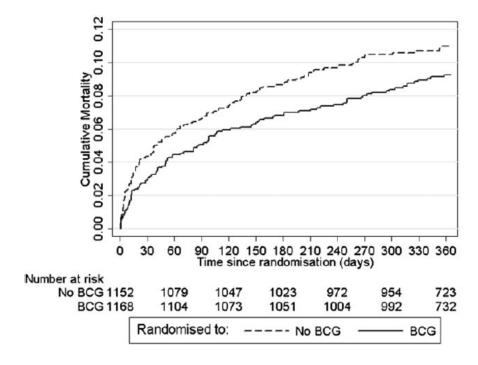


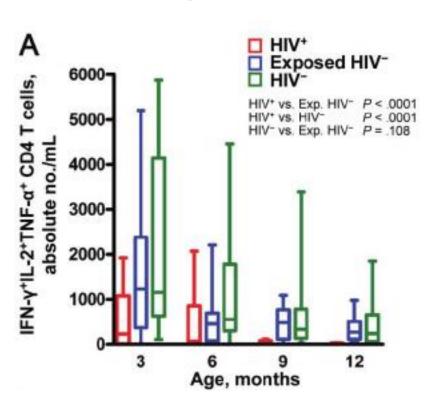
Figure 2. Cumulative mortality curves during the first year of life according to randomization group.

Result

BCG given to LBW infants reduced all-cause mortality.

HIV-1 Infection in Infants Severely Impairs the Immune Response Induced by Bacille Calmette-Guérin Vaccine

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982 • JID 2009:199 (1 April)

Result

BCG responses reduced in both HIV infection and HIV exposure.



Image from the National Library of Medicine, "Profiles in Science" Collection.

Isolation

MTB aerosolized into fine droplets light enough to be suspended air in room is infectious

1 cough = 5 min talking

Isolation

negative pressure room

N95 masks / PAPRs

Family should be isolated until tested must wear masks outside of room

Isolation and drugs

streptomycin

isoniazid

pyrazinamide

rifampin

ethambutol

amikacin

quinolones

```
isoniazid
   nicotinamide analog
   primarily active against MTB
   hepatic toxicity
   neurotoxicity (slow-acetylators)
     prevented by giving pyridoxine
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pyrazinamide
  nicotinamide analog
  good CNS penetration
  hepatic toxicity
    (compounded by INH)
  reduces uric acid excretion
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rifampin
  inhibits DNA-dependent
    RNA polymerase
  dye
  enhances metabolism of
    some drugs
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ethambutol
   bacteriostatic
   affects mycobacterial cell wall
   optic neuritis
     (needs careful monitoring
          in children)
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streptomycin still an excellent drug

only available as an IM preparation

Drug	Pediatric Dose	Adult Dose	Daily Maximum	
Isoniazid	10 mg/kg (10-15)	5 mg/kg (4-6)	300 mg	
Rifampin	15 mg/kg (10-20)	10 mg/kg (8-12)	600 mg	
Pyrazinamide	35 mg/kg (30-40)	25 mg/kg (20-30)		
Ethambutol	20 mg/kg (15-25)	15 mg/kg (15-20)	_	
Streptomycin —		15 mg/kg (12-18)	1000 mg	

Official American Thoracic Society/Centers for Disease Control and Prevention/Infectious Diseases Society of America Clinical Practice Guidelines: Treatment of Drug-Susceptible Tuberculosis

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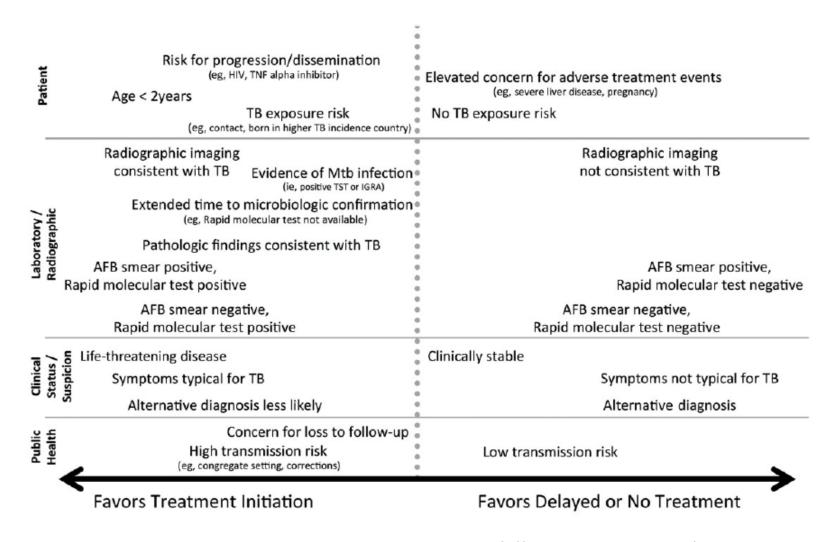


Figure 1. Factors to be considered in deciding to initiate treatment empirically for active tuberculosis (TB) (prior to microbiologic confirmation). Abbreviations: AFB, acid-fast bacilli; HIV, human immunodeficiency virus; IGRA, interferon-γ release assay; Mtb, Mycobacterium tuberculosis; TNF, tumor necrosis factor; TST, tuberculin skin test.

Table 2. Drug Regimens for Microbiologically Confirmed Pulmonary Tuberculosis Caused by Drug-Susceptible Organisms

		Intensive Phase		Continuation Phase				
Regimen	Drug ^a	Interval and Dose ^b (Minimum Duration)	Drugs	Interval and Dose ^{b,} ^c (Minimum Duration)	Range of Total Doses	Comments ^{c,d}	Regimen Effectiveness	
1	INH RIF PZA EMB	7 d/wk for 56 doses (8 wk), or 5 d/wk for 40 doses (8 wk)	INH RIF	7 d/wk for 126 doses (18 wk), or 5 d/wk for 90 doses (18 wk)	182–130	This is the preferred regimen for patients with newly diagnosed pulmonary tuberculosis.	Greater	
2	INH RIF PZA EMB	7 d/wk for 56 doses (8 wk), or 5 d/wk for 40 doses (8 wk)	INH RIF	3 times weekly for 54 doses (18 wk)	110–94	Preferred alternative regimen in situations in which more frequent DOT during continuation phase is difficult to achieve.		
3	INH RIF PZA EMB	3 times weekly for 24 doses (8 wk)	INH RIF	3 times weekly for 54 doses (18 wk)	78	Use regimen with caution in patients with HIV and/or cavitary disease. Missed doses can lead to treatment failure, relapse, and acquired drug resistance.		
4	INH RIF PZA EMB	7 d/wk for 14 doses then twice weekly for 12 doses ^e	INH RIF	Twice weekly for 36 doses (18 wk)	62	Do not use twice-weekly regimens in HIV-infected patients or patients with smear-positive and/or cavitary disease. If doses are missed, then therapy is equivalent to once weekly, which is inferior.		
							Lesser	

Increasing adherence for latent tuberculosis infection therapy with health department—administered therapy.

Cruz AT, Starke JR.

Pediatr Infect Dis J 31: 193-195 (2012).

result

Looked at multiple variables related to therapy completion.

Only variable associated was health department DOT (>90% completed vs. 50% for self administered; OR 7.7).

Unexplained deterioration during antituberculous therapy in children and adolescents: clinical presentation and risk factors.

Thampi N, Stephens D, Rea E, Kitai I. *Pediatr Infect Dis J* **31:** 129-133 (2012).

result

Canadian case series.

Some children deteriorated during therapy; hard to distinguish from clinical failure.

Corticosteroids seemed to help a subset.

Time to Symptom Resolution in Young Children Treated for Pulmonary Tuberculosis

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result

In children with Sx referable to TB (cough, wheeze, FTT) symptoms took ≥60 days to resolve on appropriate Tx.

Do not use response to Tx as proof of Dx.

TUBERCULOSIS YOUR KISS OF AFFECTION THE GERM OF INFECTION TOWN OF HEMPSTEAD, W.H.RUNCIE MD. HEALTH OFFICER WPA FEDERAL ART PROJECT DISTRICT 4

Image from the Library of Congress, WPA Posters Collection.