## Adult Learning Theory & Learning Styles



## **Adult Learning Differences**





### Andragogy

- Adults
- Independent learners
- Experienced
- Modified content
- Self motivated
- Goal oriented

### Pedagogy

- Children
- Dependent learners
- Less experience
- Structured content
- Teacher directed
- Curriculum oriented







## **Learning Theories Compared**

	Behaviorism	Social Learning Theory	Constructivism
Knowledge is	Behavioral response to stimuli	Within social contexts	Constructed based on pre-existing knowledge
Learning is	Passive absorption of knowledge, promoted by repetition	Collaborative assimilation in a community, observing, imitating	Inquiry based, hands on, active accommodation of new information into existing knowledge
Motivation for learning	Extrinsic motivations with +/- reinforcement	Intrinsic & extrinsic, determined by learners and extrinsic rewards from the community	Intrinsic motivation, learners set own goals and motivate themselves
Teaching implications	Correct responses absorbed by learner	Collaborative and guided by facilitator, group work, active learning	Create environment to promote discovery, reflections, collaboration, peer feedback, & metacognition





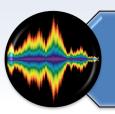


# Learning Styles



### Visual

• Diagrams, charts, videos



### Auditory

• Recordings, listening, speaking



### Read/Write

• Textbooks, slides



### Kinesthetic

• Hands-on, movement, role-play, simulations





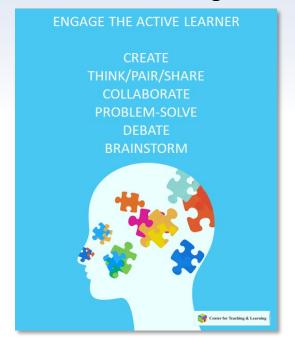


## **Adult Learning**

### **Experiential Learning**



### **Active Learning**













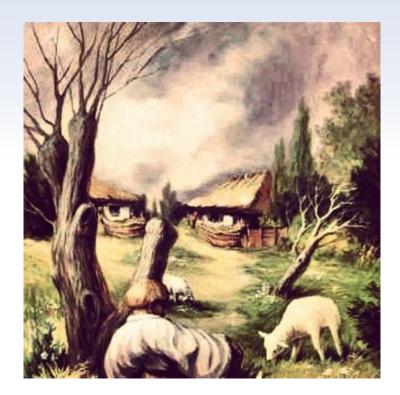


## **Problem Centered**





## Leverage Experience





## **Internal Motivation**





### Relevance







### Self Directed







#### **COURSE FILE**

**DESCRIPTION** The purpose of this course is to increase nurse competence & confidence in the unique care needs of adult transplant patients.

**Learning Objectives:** Upon completion of this course, participants will...

- discuss the transplant evaluation process
- identify inpatient care practices and considerations for transplant patients
- Evaluate transplant medications and patient considerations

#### Agenda:

Time	Topic
8-8:30	Transplant Evaluation Process
8:30-10:30	Transplantation –Inpatient Care & After
10:30-11:30	Transplant Medications and Consideration
11:30-12:30	Putting it Together

#### **Theories**

- Behaviorism
- Social Learning
- Constructivism

### **Learning Styles**

- Visual
- Auditory
- Read/Write
- Kinesthetic



- What learning theory complements this course?
- What learning styles benefit this course?
- What format is ideal for this course? (Enduring/modules, face to face, virtual, hybrid, etc.)
- What methods could be used to engage adult learners with these topics?







#### **COURSE FILE**

**DESCRIPTION** Staff new to the ICU will gain knowledge and skills about best practices for emergencies in the ICU environment.

**Learning Objectives:** Upon completion of this course, participants will...

- demonstrate skills appropriate for ICU emergencies
- differentiate roles and responsibilities in ICU emergencies

### Agenda:

Time	Торіс
8-9a	Discuss emergency roles & responsibilities
9-9:45a	Respiratory Failure Simulation
9:45-10:15	Debrief of Respiratory
10:15-10:30a	Break
10:30-11:15	Hypovolemic Shock Simulation
11:15-11:45	Debrief of Shock

#### **Theories**

- Behaviorism
- Social Learning
- Constructivism

#### Learning Styles

- Visual
- Auditory
- Read/Write
- Kinesthetic



- What learning theory complements this course?
- What learning styles benefit this course?
- What format is ideal for this course?
  (Enduring/modules, face to face, virtual, hybrid, etc.)
- What methods could be used to engage adult learners with these topics?





#### **COURSE FILE**

**DESCRIPTION** Proper procedure and process for organ, tissue and eye donation

**Learning Objectives:** Upon completion of this course, participants will...

 Verbalize regulation requirements for organ procurement

#### Agenda:

Time	Topic
8-8:20	Regulatory requirements
8:20-8:50	Roles & responsibilities
8:50-9:15	Documentation
9:15-9:30	Why Donation Matters

#### **Theories**

- Behaviorism
- Social Learning
- Constructivism

#### Learning Styles

- Visual
- Auditory
- Read/Write
- Kinesthetic



- What learning theory complements this course?
- What learning styles benefit this course?
- What format is ideal for this course? (Enduring/modules, face to face, virtual, hybrid, etc.)
- What methods could be used to engage adult learners with these topics?







## Conclusion

- Insights
- Implementation



