Duke Heart Center

1ST ANNUAL DUKE PREVENTIVE CARDIOLOGY SYMPOSIUM: A Focus on Lipids and Interpretation of the New Guidelines

April 26, 2014

Durham, North Carolina

Preliminary Agenda

Time	Topic	Speaker(s)*
7:00-7:25am	Registration and Breakfast	
7:25-7:30am	Opening Remarks	Mahesh Patel, MD
Interpretation of the New Guidelines – Moderator: William Kraus, MD		
7:30-8:00am	The New Cholesterol Guidelines	Michael Blazing, MD
8:00-8:30am	The New Risk Assessment Guidelines	Mahesh Patel, MD
8:30-8:45am	Panel Discussion and Audience Questions	
Lifestyle Approaches – Moderator: Michael Blazing, MD		
8:45-9:15am	Exercise and Energy Balance	William Kraus, MD
9:15-9:45am	Nutrition and Dyslipidemias	Ralph LaForge, MS
9:45-10:00am	Panel Discussion and Audience Questions	
10:00-10:15am	Break and Exhibits	
Breakout Session A – Genetics of Dyslipidemia – Moderator: Geoffrey Ginsburg, MD, PhD		
10:15-10:45am	Familial Hypercholesterolemia	John Guyton, MD
10:45-11:15am	Genetic Assessments of Lipid Disorders	Svati Shah, MD
11:15-11:45am	Statin Pharmacogenetics	Deepak Voora, MD
11:45am-12:00pm	Panel Discussion and Audience Questions	
Breakout Session B – Lifestyle Behavior Change – Moderator: Robin Trupp, PhD		
10:15-10:45am	Readiness for Change	Paul Nagy, MS
10:45-11:15am	Motivating Lifestyle Changes	Ruth Wolever, PhD
11:15-11:45am	Mobile Health Technology and Behavior Change	Brian Duscha, MS
11:45am-12:00pm	Panel Discussion and Audience Questions	
12:00-12:15pm	Break to get lunch	
12:15-1:00pm	Lunch and Discussion on the Mediterranean Diet	Giorgios Bakastias, Chef (TBD)
Pharmacologic Approaches – Moderator: Magnus Ohman, MD		
1:00-1:30pm	Statin Intolerance	Mahesh Patel, MD
1:30-2:00pm	Combination Lipid Therapies	Michael Blazing, MD
2:00-2:30pm	Advances in HDL Therapeutics	John Guyton, MD
2:30-3:00pm	PCSK9 Inhibitors	Matthew Roe, MD
3:00-3:15pm	Panel Discussion and Audience Questions	
3:15-3:30pm	Break and Exhibits	
Guest Speaker		
3:30-4:30pm	The Impact of the New Prevention Guidelines on Clinical Practice and Research	Christie Ballantyne, MD Baylor College of Medicine

Please note, faculty and program are subject to change without notice.